



**Full Circle Therapy**  
**1500 McAndrews Road West,**  
**Suite 230 Burnsville, MN 55337**  
**Phone: 952-892-8404**  
**Fax: 952-892-1722**

**Adult Intake**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_ **DOB** \_\_\_\_\_  
**Today's Date** \_\_\_\_\_ **Referred By** \_\_\_\_\_

**CURRENT SITUATION**

**1. Describe the concerns that led you to therapy.**

---

---

---

**2. What have you already done to try and help situation.**

---

---

---

**3. Describe what you hope to accomplish/change in therapy.**

---

---

---

**4. Name your strengths, interests, and activities you enjoy.**

---

---

---

**5. Please list sources of community and personal support.**

---

---

---

**Full Circle Therapy  
Adult Intake pg 2**

**Living Situation**

\_\_\_\_\_ with spouse/partner/significant other  
\_\_\_\_\_ alone \_\_\_\_\_ with roommate \_\_\_\_\_ with children  
\_\_\_\_\_ with parents \_\_\_\_\_ other

**Please list any family members or other persons currently living with you.**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Relationship** \_\_\_\_\_ **Rel Status: good fair poor**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Relationship** \_\_\_\_\_ **Rel Status: good fair poor**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Relationship** \_\_\_\_\_ **Rel Status: good fair poor**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Relationship** \_\_\_\_\_ **Rel Status: good fair poor**

**Other significant family members not living with you**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Relationship** \_\_\_\_\_ **Rel Status: good fair poor**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Relationship** \_\_\_\_\_ **Rel Status: good fair poor**

**Name** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Relationship** \_\_\_\_\_ **Rel Status: good fair poor**

**Occupation/Student** \_\_\_\_\_  
**Highest Level of Education** \_\_\_\_\_

**Have you been in jail, prison or juvenile detention? Yes No**  
**If yes, please describe** \_\_\_\_\_

**Have you been arrested or convicted without above? Yes No**

**Full Circle Therapy  
Adult Intake pg 3**

**Risk Concerns**

1. Do you currently have suicidal thoughts? Yes No  
If yes, do you have a plan? Yes No  
If yes, what is the plan? \_\_\_\_\_
  
2. Have you had suicidal thoughts in the past? Yes No
  
3. Have you attempted suicide? Yes No  
If yes, when and how did you attempt? \_\_\_\_\_  
\_\_\_\_\_
  
4. Do you drink alcohol? Yes No  
If so, how often? \_\_\_\_\_  
How much on each occasion? \_\_\_\_\_
  
5. Do you use illegal drugs Yes No  
If so, what and how often? \_\_\_\_\_
  
6. Have you used illegal drugs in the past? Yes No  
If so, what have you used? \_\_\_\_\_
  
7. Have you abused prescription medications? Yes No  
If so, what medications? \_\_\_\_\_
  
8. Do you or anyone close to you worry about your drinking or  
drug use? Yes No Treatment? Yes No  
Where and when? \_\_\_\_\_
  
9. Do you worry about anyone close to you and their substance  
use? Yes No Whom? \_\_\_\_\_
  
10. Do you have a history of physical, sexual, or emotional  
abuse? Yes No  
Which type, year and by whom? \_\_\_\_\_

**Full Circle Therapy  
Adult Intake pg 4**

**MENTAL HEALTH HISTORY**

Name of therapist \_\_\_\_\_  
Current \_\_\_\_\_ previous: from \_\_\_\_\_ to \_\_\_\_\_

Name of Psychiatrist \_\_\_\_\_  
Current \_\_\_\_\_ previous: from \_\_\_\_\_ to \_\_\_\_\_

Medication  
Current \_\_\_\_\_  
Previous \_\_\_\_\_

Ever hospitalized for mental health treatment? **Yes No**  
When and where ? \_\_\_\_\_

**MEDICAL HISTORY**

Do you have a primary doctor? **Yes No**  
Name \_\_\_\_\_  
Date of last exam? \_\_\_\_\_

Do you have allergies? Describe \_\_\_\_\_  
Do you exercise regularly? **Yes No**  
Are you having sleep problems? **Yes No**  
If so, please describe \_\_\_\_\_  
Any current medical problems? **Yes No**  
If so, please describe \_\_\_\_\_

**ADDITIONAL INFORMATION (optional)**

Religion/Spirituality \_\_\_\_\_

Race/Ethnicity \_\_\_\_\_

Any other information you'd like me to know? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_